



Ivar's Two Spoon Homestyle Soups are produced by Ivar's Seafood, Soup & Sauce Company, one of the finest food purveyors in the country. Our soup-making tradition began in 1938 when Ivar Haglund started making and selling his homemade clam chowder on the Seattle waterfront. Now, we've expanded our offerings to include the Two Spoon line, which features our own versions of homestyle favorites and a selection of original recipes that are on their way to becoming new classics. In addition to producing top-quality seafood soups, and sauces, Ivar's also develops custom soups for restaurants and foodservice companies, at our state-of-the-art facility in Mukilteo, Washington. And they're all made with the same tradition of quality that has made us famous since 1938

For more information about Ivar's and Ivar's Two Spoon products please contact our sales department at 425 493 1402

Since 1938
Ivar's
 Seafood, Soup & Sauce Company

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Ivar's Two Spoon Chicken Tortilla Soup

This popular Tex-Mex classic is made with tender chicken, black beans and roasted peppers, all carefully blended with just the right amount of heat and the irresistible zing of cilantro.

Preparation time: 35 minutes.

Distribution Item Number:

Manufacturers' Code: 974

Contents: Four 4-pound pouches, ready to use
Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: White meat chicken, black beans, corn, onions, garlic, roasted tomatoes, red bell peppers, jalapeños and cayenne.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 90	Calories from Fat 10
% Daily Value*	
Total Fat 1 5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 640mg	27%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 6g	
Vitamin A 4%	Vitamin C 10%
Calcium 2%	Iron 4%



Ivar's Two Spoon Turkey Noodle Soup

Rich, thick and comforting, this home-style favorite is made with roasted turkey, savory stock, fresh vegetables, tender egg noodles and an aromatic blend of herbs with a touch of black pepper.

Preparation time: 35 minutes.

Distribution Item Number:

Manufacturers' Code: 221

Contents: Three 4-pound bags of soup concentrate. Add 1/2 gallon (64oz) of water per pouch.

Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: Turkey, turkey stock, egg noodles, carrots, celery, onions, roasted garlic, herbs and spices.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 90	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 960mg	40%
Total Carbohydrate 10g	3%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 3g	
Vitamin A 40%	Vitamin C 2%
Calcium 2%	Iron 4%



Ivar's Two Spoon Ultimate Chili with Bean Soup

A robust chili made in the traditional style with a hearty mix of beef, beans and onions spiced with a perfectly balanced blend of chili, jalapeño and cayenne peppers.

Preparation time: 25 minutes.

Distribution Item Number:

Manufacturers' Code: 971

Contents: Four 4-pound bags of heat-and-eat chili, ready to use.

Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: Beef, tomato sauce, black and red beans, green peppers, onions, jalapeño, cayenne and mild and hot chili powder.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 150	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 570mg	24%
Total Carbohydrate 20g	7%
Dietary Fiber 10g	40%
Sugars 8g	
Protein 12g	
Vitamin A 8%	Vitamin C 15%
Calcium 4%	Iron 10%



Ivar's Two Spoon Sweet Tomato Basil Bisque

We blend ripe tomatoes, sweet basil, rich chicken stock and cream then finish it with a touch of cayenne for a sophisticated take on the classic.

Preparation time: 20 minutes.

Distribution Item Number:

Manufacturers' Code: 985

Contents: Four 4-pound bags of heat and serve soup, ready to use.

Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: Tomatoes, cream, chicken stock, onion, garlic and cayenne pepper.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 270	Calories from Fat 190
% Daily Value*	
Total Fat 21g	32%
Saturated Fat 11g	55%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 900mg	25%
Total Carbohydrate 16g	5%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 3g	
Vitamin A 20%	Vitamin C 6%
Calcium 4%	Iron 4%



Ivar's Two Spoon Chicken Coconut Curry

An enticing broth of red curry, coconut milk, lemongrass, ginger, garlic and Thai basil filled with chicken meat, carrots, red bell peppers, celery and bamboo shoots.

Preparation time: 20 minutes.

Distribution Item Number:

Manufacturers' Code: 943

Contents: Four 4-pound bags of heat and serve soup, ready to use

Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: Chicken meat, red curry, coconut milk, lemongrass, ginger, red bell peppers, carrots, celery, tomato and bamboo shoots.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 170	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 720mg	30%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 6g	
Vitamin A 30%	Vitamin C 60%
Calcium 2%	Iron 4%



Ivar's Two Spoon Loaded Mushroom Soup

Shiitake, champignon, oyster and wood ear mushrooms are blended in a rich porcini scented chicken broth then finished with cream, sherry and chives.

Preparation time: 20 minutes.

Distribution Item Number:

Manufacturers' Code: 942

Contents: Four 4-pound bags of heat and serve soup, ready to use.

Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: Shiitake, button, oyster, porcini, bolete and wood ear mushrooms, chicken stock, cream, butter, onions, garlic, sherry and chives.

Nutrition Facts	
Serving Size 1 Cup Servings Per Container	
Amount Per Serving	
Calories 150	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 680mg	28%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 4g	
Vitamin A 6%	Vitamin C 2%
Calcium 4%	Iron 6%